



MARIST PROVINCE OF WEST AFRICA



| RELIGIOUS CALENDAR: NOVEMBER 2024 | |
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| Popes Intentions: <u>For anyone who has lost a child</u> | |
| We pray that all parents who mourn the loss of a son or daughter find support in their community and receive peace and consolation from the Holy Spirit. | |
| 1 November Friday. ALL SAINTS. Office Proper. Vestment: white | |
| Liturgy | Rev 7:2-4, 9-14 "I look and behold, a great multitude which no man could number, from every nation, from all tribes and people and tongues." 1 Jn 3:1-3 "We shall see God as he is" Mt 5:1-12a "Rejoice and be glad, for your reward will be great in heaven". |
| Reminder | Inauguration of Marist Brothers Catholic School, Kpan Town |
| Anniversaries | 1805: Marcellin Champagnat entered the seminary in Verrieres. 1968: First Marist foundation in Paraguay. |
| Reflection | <u>WATER FROM THE ROCK</u> As we pass through the different phases of life, we experience beauty and ugliness, certainty and doubt. There are times when we feel uplifted, and times when we feel depressed. All of this both attracts and frightens us at the same time. (45) |
| Intentions | For grace to experience the presence of God in our communities. For grace, to do ordinary things in an extraordinary manner. |
| 2nd November Saturday. Commemoration of all the faithful Departed. Office: office of the death. Vestment: violet | |
| Liturgy | Wis 3:1-9: "He accepted them as a holocaust" Rom 5: 5-11 "Christ died for us while we were still sinners" Jn 6:37-40 "Whoever believes in the Son of Man has eternal life, and I shall raise him up on the last day" |
| Anniversaries | 1816: Marcellin met John Baptist Audras for the first time. 1853: Brother Stanislaus died at the Hermitage |
| Reflection | <u>WATER FROM THE ROCK</u> Our hearts long to find happiness, to believe that we can find love and share in the blessings of life. But we also fear hurt and betrayal and so are tentative in our relationships and involvements |
| Intention | For all our students and their parents. For all souls in purgatory, especially our family members. Marist Saturday: Special prayer for Marist Vocations |
| 3 NOVEMBER. SUNDAY 31ST SUNDAY IN ORDINARY TIME Office: Palms Week 3 Vestment Green | |
| Liturgy | Dt 6:2-6 "Hear O Israel, you shall love the Lord with all your heart" Heb 7:23-28 "He holds his priesthood permanently, because he continues forever." Mk 12:28b-34 "You shall love the Lord your God. You shall love your neighbor." |
| Birthday | Br. Ivo Njongai (1966) from Cameroon |
| Reflection | <u>WATER FROM THE ROCK</u> |



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| | We live in a time of fast and far-reaching cultural and social change. Boundaries are shifting and changing, old values are questioned, and practices of the past no longer seem to work (47) |
| Intentions | For the grace to practice the virtue of humility. For Bro. Ivo, his vocation, family and for success in his mission. |
| 4 November Monday of the 31st Week in Ordinary Time Psalter week 3 Vestment White | |
| Memorial | Saint Charles Borromeo, Bishop |
| Liturgy | Phil 2:1-4 “Complete my joy by being of the same mind.” Lk 14:12-14 “Do not invite your friends, but the poor and the maimed.” |
| Reminder | Beginning of Canonical Visitation to Antonio Community, Monrovia |
| Reflection | <u>WATER FROM THE ROCK</u> We may find ourselves questioning the purpose of our existence: Who am I? What is my life for? How can I make a difference with my life? To whom do I belong? For whom am I responsible? Questions like these can fill our minds and hearts. As we grow in awareness of the life in and around us, this sense of unease, of anxiety is felt more. (48) |
| Intentions | For the grace to live our calling with zeal. For the lay members of our Institute. |
| 5 November Tuesday of 31st week in ordinary Time. Psalter Week III Vestment Green | |
| Liturgy | Phil 2:5-11 “He humbled himself, therefore God has highly exalted him.” Lk.14:15-24 “Go out to the highways and hedges, and compel people to come in, that my house may be filled.” |
| Reflection | <u>WATER FROM THE ROCK</u> Yearning for something that will make sense of our lives, we search for an idea, a person, an activity that will integrate the different dimensions of living: feelings and desires, relationships and actions, sexuality and love, rights and responsibilities, hopes and dreams. (49) |
| Intentions | That we may be faithful to the founding spirit of our founder For Mary’s continual intercession upon our missionary works |
| 6 November Wednesday of 31st Week in Ordinary Time. Psalter Week III Vestment Green | |
| Liturgy | Phil 2:12-18 “Work out your own salvation; God is at work in you, both to will and to work for his good pleasure.” Lk 14:25-33 “Whoever of you does not renounce all that he has cannot be my disciples.” |
| Anniversary | International Day for preventing the exploitation of the environment in war and armed conflicts (ONU) |
| Reflection | <u>WATER FROM THE ROCK</u> In such human situations we discover God as the one for whom our hearts really yearn. We realize that this longing is not of our making but primarily the work of God’s Spirit within the depths of our being. With trust, we can open ourselves and come to an experience of God. (50) |
| Intentions | For the grace to be a witness to the gospel of Christ. |



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| | For our aspirants and their parents |
| 7 November Thursday of 31st Week in Ordinary Time Psalter Week III Vestment Green | |
| Liturgy | Phil 3:3-8a “Whatever gain I counted as loss for the sake of Christ” Lk 15:1-10 “There is joy before the angels of God over one sinner who repent” |
| Reminder | End of Canonical Visitation to Antonio Community, Monrovia |
| Reflection | <u>WATER FROM THE ROCK</u> Mary is surprised by the forceful entry of God into her life. She is afraid. Then she comes to be at peace because of her intuition of the presence and love of God for her. Without having all the answers to her questioning, she trusts and commits herself to a God who inspires trust (51) |
| Intentions | For the grace of honesty and simplicity. For the happy repose of the souls of our deceased Brothers, and our family members. |
| 8 November Friday of 31st Week in Ordinary Time. Psalter Week III Vestment Green | |
| Liturgy | Phil 3:17-4:1” We await a Savior who will change our lowly body to be like his glorious body”. Lk.16:1-8 “Sons of this world are wiser in their own generation than the sons of light”. |
| Reflection | <u>WATER FROM THE ROCK</u> Marcellin Champagnat also had to struggle with God’s unexpected intervention early in his life. That God wills it - suggested by the recruiting priest forced him to look again at his project of life. 4 (52) |
| Intentions | For all the priest and religious in the places where we work. For all catechumens undergoing formation program. |
| 9 November Saturday of 31st Week in Ordinary Time. Office: Proper Feast of the Dedication of The Lateran Basilica in Rome. Vestment: White | |
| Liturgy | Ez 47:1-2,8-9,12 “I saw water flowing from the temple, and all who were touched by it were saved”. I Cor. 3:9c-11, 16-17 “We are God’s temple”. Jn2:13-22 “Jesus was speaking about the temple”. |
| Reflection | <u>WATER FROM THE ROCK</u> God comes into the life of Mary, as it is at that moment. He opens Mary to the truth of her being and of her vocation and proposes to her what she is able to do. The welcome she gives to the Word of God reveals the quality of her person (53) |
| Intentions | For our community leaders. For the sick and those caring for them. Marist Saturday: a special day of prayers to Mary for Marist vocations |
| 10 November Sunday of 32nd Week in Ordinary Year B Time Psalter Week IV Vestment Green | |
| Liturgy | 1Kings. 17:10-16 “The widow made a little cake from her meal and brought it to Elijah”. Heb. 9:24-28 “Christ offered himself once to bear the sins of many”. |

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| | Mk 12:28-44 “This poor widow has put in more than all those who are contributing to the treasury”. |
| Anniversary | 1957: Start of our Marist mission in Ecuador |
| Reflection | <u>WATER FROM THE ROCK</u> Daily experiences are special places of encounter with God. We find God’s presence in creation, in the events of every day – work and relationships, silence and noise, joys and sorrows, achievements and anguish, tragedy and death (54) |
| Intentions | For our former students. For a fruitful Marist mission in Ecuador. |
| 11 November Monday of 32nd Week in Ordinary Time Memorial of St Martin of Tours, Bishop psalter Week IV Vestment White | |
| Liturgy | Titus 1:1-9 “Appoints elders as I directed you”. Lk.17:1-6 “If your brother turns to you seven time and say “I repent” you must forgive him” |
| Reminder | Beginning of Canonical Visitation to Our Good Mother Community |
| Birthday | Bors. Kelvin Ngoran, Valentine K. Meyanui & David Cooney |
| Reflection | <u>WATER FROM THE ROCK</u> God is revealed to us through those we meet. Young and old people, members of our families and communities, the refugee and prisoner, the sick person and the caregiver, our co-worker and our neighbor, all are mirrors reflecting the God of life and of love. (55) |
| Intentions | For Brother Provincial and his Council. For Brothers Kelvin, Valentine and David, their vocation, families, friends and success in their mission. |
| 12 November Tuesday of the 32nd Week in Ordinary Time Psalter Week IV Memorial of St Josaphat, Bishop & Martyr Vestment Red | |
| Liturgy | Titus 2:1-8,11-14 “We must live godly lives, awaiting our blessed hope, the appearing of the glory of our great God and savior Jesus Christ. Lk.17:7-10 “We are unworthy servant; we have only done what was our duty”. |
| Birthday | Br. Michael Telewa (1985) from Ghana. |
| Reflection | <u>WATER FROM THE ROCK</u> We experience God also in the witness of people committed to peace, justice, and solidarity with the poor and those who act with generosity and self-sacrifice in the service of others (56). |
| Intentions | For the grace to be tolerant in our communities. For Br. Michael Telewa, his vocation, family and friends and for his fruitful mission. |
| 13 November Wednesday of 32nd Week in Ordinary Time Psalter Week IV Vestment Green | |
| Liturgy | Titus 3:1-7 “We ourselves were once led astray; but when the loving mindedness of God appeared, he saved us”. Lk. 17:11-19 “Was no one found to return and give praise to God except this foreigner”. |

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| Reflection | <u>WATER FROM THE ROCK</u> All the people and events of life offer an opportunity to encounter our merciful God. Perhaps we meet God most closely when we are vulnerable and hurting or when we stand by our word despite the cost to ourselves. (57) |
| Intentions | For peace and reconciliation in our communities. For Countries suffering from effects of war and crisis”. |
| 14 November Thursday of 32nd Week in ordinary Time. Psalter Week IV Vestment Green | |
| Liturgy | Philm. 7-20 “Receive him, no longer as a slave, but as a beloved brother”. Lk. 17:20-25 “The kingdom of God is in your mist”. |
| Reminder | End of Canonical Visitation to Our Good Mother Community |
| Anniversary | 1934: The Couse of Brother Francos was introduced in Rome. |
| Reflection | <u>WATER FROM THE ROCK</u> When we give thanks for the gift of life, when we heal relationships, when we offer and receive forgiveness, when we celebrate the Eucharist and share the Word - all can be moments of grace to meet and know God. (57) |
| Intention | In thanksgiving to God for the gift of Br Francois to our Institute. For all those persecuted for their faith. |
| 15 November Friday of 32nd Week in Ordinary Time. Psalter Week IV Memorial of St Albert the Great – Bishop and Doctor of the Church Vestment Green / White | |
| Liturgy | II Jn 4-9 “He who abides in the doctrine has both the father and the Son”. Lk 17:26-37 “So it will be on the day when the Son of man is revealed” |
| Anniversaries | 1845: Françoise Perroton, a foundress of the Marist Missionary Sisters, left for Oceania. 1875: Father Jean-Claude Colin died at La Neyliere. |
| Reflection | <u>WATER FROM THE ROCK</u> As we live within this relationship we come to know our identity – sons and daughters of God, brothers and sisters in life. (58) |
| Intention | For young people to discover their talents and to develop them. For peace and reconciliation in African countries. |
| 16 November Saturday of 32nd Week in Ordinary Time. | |
| Liturgy | 3Jn 5-8 “We ought to support the brethren, that we may be fellow workers in the truth.” Lk 18:1-8 “God will vindicate his elect, who cry to him.” |
| Anniversaries | International Day of Tolerance (UN) |
| Reflection | <u>WATER FROM THE ROCK</u> Our true identity is a gift, given in the form of an unfolding invitation, a call, a vocation. It is God’s work in us. (59) |
| Intention | For the grace to accept and to tolerate one another. For all farmers that they may enjoy the fruit of their labor. Marist Saturday: a special day of prayers to Mary for Marist vocations |
| 17 November Sunday of 33rd Week in Ordinary Year B Time Psalter Week I Vestment Green | |
| Liturgy | Dn. 12:1-3 “At that time your people shall be delivered” |

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| | <p>Heb. 10:11-14,18 “By a single offering he has perfected for all time those who are sanctified”</p> <p>Mk.13:24-32 “He will gather his elect from the four winds”</p> |
| Anniversaries | 1889: Father Peter Chanel, SM was beatified by Pope Loe XIII |
| Birthday | Br. Leonard Buhven (1991) from Camerron |
| Reflection | <p><u>WATER FROM THE ROCK</u></p> <p>Marcellin sees God in all things and believes all things come from God. He experiences God’s presence in both the tranquility of the Hermitage and the noisy streets of Paris.⁴⁹ For him, every place and circumstance constitute an opportunity to meet God. (63)</p> |
| Intention | <p>For the intentions of the Marist Fathers.</p> <p>For Br. Leonard, his vocation, family and friends and his community.</p> |
| <p>18 November Monday of the 33rd Week in Ordinary Time Psalter Week I</p> <p>Vestment Green</p> <p>The Dedication of the Basilicas of Saints Peter and Paul, Apostils.</p> | |
| Liturgy | <p>Acts 28:11-16,30-31 “So we come to Rome”.</p> <p>MT 14:22-33 “Bid me come to you on the water”</p> |
| Reminder | Beginning of Canonical Visitation to Novitiate Community |
| Reflection | <p><u>WATER FROM THE ROCK</u></p> <p>Marcellin, through his way of living, helps the first Brothers to discover the loving presence of God. (68)</p> |
| Intention | <p>For Priest and Religious in the dioceses where we work.</p> <p>For school dropouts.</p> |
| <p>19 November Tuesday of the 33rd Week in Ordinary Time. Psalter Week I</p> <p>Vestment Green</p> | |
| Liturgy | <p>Rev. 3:1-6,14-22 “If anyone opens the door, I will come in to him and eat with him”</p> <p>Lk.19:1-10 “The son of man came to seek and save the lost”.</p> |
| Birthday | Br Erong Sebastian Kanguri (1973) from Ghana |
| Reflection | <p><u>WATER FROM THE ROCK</u></p> <p>Jesus shows us how deeply God is touched by the needs and pain of people, especially the “little ones” of life. As our lives become more centered in our relationship with God, we too are filled with God’s compassion and are drawn into service of those in need, especially among young people. (69)</p> |
| Intention | <p>For all our aged and sick Brothers.</p> <p>For Br. Sebastian, his vocation; family and friends.</p> |
| <p>20 November Wednesday of the 33rd Week in Ordinary Time.</p> <p>Psalter Week I Vestment Green</p> | |
| Liturgy | <p>Rev.4:1-11 “Holy is the Lord God Almighty, who was and is and is to come”.</p> <p>Lk. 19:11-28 “Why did you not put my money into the Bank”.</p> |
| Anniversary | International Day of the Children. |
| Reflection | <p><u>WATER FROM THE ROCK</u></p> <p>Today’s world deeply needs men and women who are mystics – people who are able to touch the mystery of all life, in an attitude of openness and surrender. (71)</p> |



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| Intention | For children all over the world, especially those deprived and abandoned. For all collaborators in our mission. |
| 21 November Thursday of the 33rd Week in Ordinary Time. Psalter Week I Vestment Green Memorial Presentation of the BLESSED Virgin Mary | |
| Liturgy | Rev. 5:1-10 “The Lamp was slain and by his blood ransomed us from every nation”. Lk. 19:41-44 “Would that you knew the things that make for peace”. |
| Reflection | <u>WATER FROM THE ROCK</u> The mystic believes that the Holy Spirit is always present and at work in the world. The Spirit gives meaning to life and our participation in the mission of Jesus. (72) |
| Intention | That we may follow Christ in the footsteps of the Blessed Virgin Mary. For peace and harmony among married couples. |
| 22 November Friday of the 33rd Week in Ordinary Time. Memorial of St. Cecilia Virgin and Martyr Psalter Week I Vestment Red | |
| Liturgy | Rev. 10:8-11 “I took the little scroll and ate it”. LK. 19:45-48 “You have made my house a den robbers”. |
| Anniversary | Universal Day of music. |
| Reflection | <u>WATER FROM THE ROCK</u> Like Mary, who ponders events in her heart, we are constantly alert to the signs of the time, to the calls of the Church, and to the needs of youth. (75) |
| Intention | For the Novitiate community For all those working in the Music industry. |
| 23 November Saturday of 33rd Week in Ordinary Time Psalter Week I Vestment Green | |
| Liturgy | Rev. 11:4-12 “These two prophets had been a torment to those who dwell on earth”. LK. 20:27-40 “He is not God of the dead, but of the living”. |
| Birthday | Brothers Pascal Birkem Fumsa (1979) and Alfred Ngaro Salkoutou (1983) |
| Reflection | <u>WATER FROM THE ROCK</u> Our spirituality draws us to find God in all things and in all aspects of life. Prayer, is one means to go more deeply into our experience. We do not replace prayer with work. Listening to God impels us to continue laboring for the Kingdom. Our prayer comes from life and it returns us to life. (76) |
| Intention | For grace to imitate Christ. For the Brothers Pascal and Alfred, their vacations, families, friends and for their fruitful mission. |
| 24 November 34th Sunday in Ordinary Time Solemnity of Christ the King Office: Proper Vestment: White | |
| Liturgy | Dn. 7:13-14 “His dominion is an everlasting dominion”. Rev.1:5-8 “The ruler of the kings on earth ... make us a kingdom, priest to his God” Jn. 18:33b-37 “You say that I am a king”. |
| Birthday | Br. John Kusi Mensah (1958) from Ghana |

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| Reflection | <u>WATER FROM THE ROCK</u> In personal prayer, made with openness and joy, we tune our heart to the heart of God. Before the Lord we bring all our being - mind, body, yearnings - and allow God to transform and integrate all dimensions of our life. (81) |
| Intention | For Br. John Kusi, his vocation, family and friends and success in his mission. For the Brothers in Provincial house. |
| 25 November Monday of the 34th Week in Ordinary Time. Psalter Week II Vestment Green | |
| Memorial | St. Catherine of Alexandria, Virgin and Martyr. |
| Liturgy | Rev. 14:1-3, 4b-5 “Remember from what you have fallen and repent”. Lk. 21:1-4 “He saw the poor widow put in tow copper coins”. |
| Reflection | <u>WATER FROM THE ROCK</u> Review of the day: Looking back on the events of our day, like the disciples of Emmaus, we are able to see how God is present during our journey. We open ourselves to hear God’s invitations and urgings within the movements of our life. (82) |
| Intention | For grace to remain true to our calling. For all domestic workers in our communities. |
| 26 November Tuesday of the 34th Week in Ordinary Time. Psalter Week II Vestment Green | |
| Liturgy | Rev. 14:14-19” The hour to reap has come, for the harvest of the earth is fully ripe”. Lk. 21:5-11 “There shall not be left one stone upon another”. |
| Reminder | End of Canonical Visitation to Novitiate Community |
| Anniversary | 1947: Birth of Brother Sean Sammon, 12 th Superior General. |
| Reflection | <u>WATER FROM THE ROCK</u> Community prayer: Our community prayer offers us the opportunity to share in faith what we live in our mission. (83) |
| Intention | We pray for Superior General and his council. For a happy repose of the soul of Br. Sean Sammon. |
| 27 November Wednesday of the 34th Week in Ordinary Time. Psalter Week II Vestment Green | |
| Liturgy | Rev.15:1-4 “They sing the song of Moses and the song of the Lamp”. LK. 21:12-19 “You will be hated by all for my name’s sake. But not a hair |
| Reminder | Beginning of Canonical Visitation to Postulancy Community |
| Reflection | <u>WATER FROM THE ROCK</u> Faith sharing: We support and nurture each other by sharing our faith in conversations that help us to name together those things that are vital for our common life |
| Intention | We ask for grace to be in tuned with our religious commitment. For the teachers in our schools |
| 28 November Thursday 34th Week in Ordinary Time. Psalter Week II Vestment Green | |
| Liturgy | Ecclesiasticus 50:22-23 And now bless God. Lk. 17:11-19 No one has come back to praise God, only this foreigner |
| Reflection | <u>WATER FROM THE ROCK</u> |



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| | Accompaniment: Many of us choose to share our journey of faith with a spiritual companion. This practice is helpful in that it assists us to better discern the presence of the Lord in our day-to-day life. (85) |
| Intentions | For the grace to see the hand of God in our lives. For the young people in the places where we live. |
| 29 November Friday 34th Week in Ordinary Time. Psalter Week II Vestment Green | |
| Liturgy | Rev 20:1-4, 11- 21:2 The book of life was opened, and the dead were Judged Lk 21:29-33 My words will never pass away |
| Reminder | Beginning of Provincial Council Meeting |
| Birthday | Br Philip Ninfaasie (1955) from Ghana. |
| Reflection | <u>WATER FROM THE ROCK</u> Celebrating Eucharist: Eucharist is at the center of our lives. It is far more than the ritual or the sacrament. Living Eucharistically describes the process that underpins spiritual life and our engagement in mission: gathered, blessed, broken and shared. (86) |
| Intention | For Br. Philip Ninfaasie, his vocation, family, friends and success in his mission. For farmers and those who till the land. |
| 30 November Saturday 34th Week in Ordinary Time. Feast of Saint Andrew, Apostle Office Proper Vestment Green | |
| Liturgy | Rom. 10:9-18 “Thus faith comes from what is heard and what if heard comes through the word of Christ.” Mt. 4:18-22 “Immediately they left their nets and followed him.” |
| Reminder | End of Canonical Visitation to Postulancy Community End of Provincial Council Meeting |
| Anniversaries | 1857: Foundation of the Missionary Sisters of the Society of Mary (SMSM) 1871: The first Marist Brothers set out for Australia. 1911: The first Marist Brothers set out for Madagascar. |
| Reflection | <u>WATER FROM THE ROCK</u> Reconciliation: As we walk together, we will face moments when our relationships are tested to the limit. In other moments we will realize that our heart and mind are not attuned to the work of the Spirit. We need to be reconciled not only as individuals but as communities. We need reconciliation with one another and with God, to the vocational invitation within each one of us and to our shared mission. (87) |
| Intention | For the fruitful mission of Missionary Sisters of the Society of Mary. In thanksgiving to God for the graces and blessings received in the month of November. |